BEAVER SCOUT ACTIVITY BADGES JANUARY 2025



There are 8 Beaver Activity Badges and 3 Scout Staged Activity Badges that can be completed by Beavers at home.



Animal Friend Activity Badge

Complete the following *home-based* activities:

- 1. Learn how to care for an animal. Find out what the animal needs. Learn about its food, habitat, space, exercise and sleeping area.
- 2. Help to take care of that animal for four weeks.
- 3. Keep a note of how you have looked after the animal for four weeks. You can draw, take photographs or write short sentence
- 4. Tell others in your Colony or Lodge about the animal

Top tips

The animal you care for could be a dog, cat, gerbil, guinea pig, fish, bird, rabbit, lamb or even a stick insect! Maybe you could help look after a family member's pet.

Even though there are lots of computer games and things that show you what it's like to care for an animal, these won't count for this badge. You will need to learn to take care of a real, live animal.

If you do not have access to a pet – please ask to see our Wild Bird sheet



Book Reader Activity Badge

Complete the following *home-based* activities:

- 1. Design a cover for your favourite book & tell your colony, Lodge, Explorer Scout Young Leader or leader why this book is your favourite.
- 2. Read at least 6 books. Books you have read on an e-reader count too. Show that you know how to look after a book.
- 3. Make a bookmark and explain what bookmarks are for.

Top tips

Completing the Summer Reading Challenge can count towards achieving this badge. Check out the Book Trust's 100 Great Books listed by age group - https://www.booktrust.org.uk/books-and-reading/our-recommendations/great-books-guide/



Cyclist Activity Badge

How to earn your badge – the ride can be home-based

- 1. Find out why it's important to wear safety equipment like a helmet, reflective clothing and lights
- 2. Show how to put on and wear a cycle helmet correctly
- 3. Show how to pump up a tyre
- 4. Go for a short ride in a safe place

You must always wear a cycle helmet when riding your bike. The only exception is if you're Sikh and you wear a turban.



Explore Activity Badge

Complete the following home-based activities (unless being covered with your colony):

- 1. Decide where to explore. You could go to:
 - the seashore
 - a forest or park
 - woodland
 - a town.
- 2. Think about what you expect to find.
- 3. Go on the exploration.
- 4. Tell other Beavers what you have discovered

Top tips

For number 4, you could create a poster or collage using items you have collected on your exploration. Or you could make a slideshow out of some photos from your exploration.

You must be with an adult who can look after you when you do your exploration.



Gardener Activity Badge

How to earn your badge – part can be home-based:

- 1. Find out what happens to trees in each of the four seasons.
- 2. Learn what tools you need to garden and how to use some of the tools safely.
- 3. Find out what plants need to grow.
- 4. Help to look after a garden or allotment for **two months**. Alternatively grow at least 3 different plants in pots and look after them for two months.
- 5. Keep a record of what you have done and the changes you see. You could draw pictures, write short sentences and take photographs.

Top tips

If you don't have a garden or allotment you can use, you could try looking after a range of pot plants. Or you could see if there's a scheme in your local community where there is something suitable. Your school might have a garden you can help with. Or your meeting place might have a space you can use.



Hobbies Activity Badge

Complete the following home-based activities:

- 1. Choose a hobby to take part in for at least six weeks.
- 2. Show that you have stuck with your hobby. Show what you know about your hobby and the skills you have learned.
- 3. Show and tell the Colony or Leader about your chosen hobby. Talk about what it is, why you enjoy it and what your favourite thing about it is.

Top tips

A hobby is an activity done regularly in your free time for enjoyment



Photographer Activity Badge

Complete the following *home-based* activities:

- 1. Show how to use a camera to take a good photograph.
- 2. Take 10 or more photos and show these to your Lodge or an adult. Why do you like these photos? What made you take them?
- 3. Make something using photos you have taken. You could make a:
 - card
 - calendar
 - poster
 - scrapbook
 - slideshow

Top tips

Your leader might like to put some of your photos on display or share them with the local newspaper. If they do, your parents will need to say it's OK first.

The photographs could be part of a project about things like animals or plants. You could take photos when you're on a trip, to capture things that happen on the day.

Remember to ask permission before you take a photo of somebody.



Sports Activity Badge

How to earn your badge – part Colony part *home-based*:

- 1. Play a team sport with the Beavers in your Colony. This could be a game of football, basketball, rounders, cricket, netball, rugby or volleyball.
- 2. Understand the rules of that sport.
- 3. Outside of Beavers take part in a sport or physical activity regularly for at least six weeks.
- 4. Take part in a match, competition, show or pass an exam or achieve a grading for that sport.
- 5. Show your Lodge, Colony or an adult the skills you have learned and the equipment you need for your sport. Explain the rules of your sport.

Top tips

If you wear a uniform or special kit to do your sport outside of Beavers, bring your team shirt or clothing to show your Beaver leader. You can bring in a photograph of you doing your sport or wearing your kit.

Staged Activity Badges

A UK Scout Staged Activity Badge is an award that Scouts in any section can earn by developing their skills in a specific activity or topic, with levels designed to match their abilities and progress over time. On uniform, the lower stage badge is replaced with the higher stage badge as each new stage is earned.



Swimmer

Ask your swimming teacher to sign the appropriate stage form. There are 5 staged badges, the first 3 being the most suitable for Beavers. Each stage must be signed off by a qualified Swim Instructor in order to obtain it. Signed forms should be brought to Beavers for badgework review.



Musician

Ask your music teacher to sign the appropriate stage form. There are 5 staged badges, the first 2 being the most suitable for Beavers. A stage badge must be signed off by a qualified Music Teacher in order to obtain it. Signed forms should be brought to Beavers for badgework review.



Snowsports

There are 4 staged badges, the first 2 stages being the most suitable for Beavers. Complete the requirements below and bring in any lesson book, certificate or medal that you may have received, with some photographs of you when you were skiing.

How to earn your Stage 1 Snowsports Activity Badge:

- 1. Identify different types of snow sports.
- 2. Name three places you could safely take part in snow sport activities.
- 3. Take part in a warm-up activity to prepare you for a snow sport activity such as skiing or snowboarding. This should be an appropriate warm-up for your upper, middle and lower body.
- **4. Dress properly for your chosen activity.** Show you know the importance of helmets and how to put one on correctly.
- 5. Take part in a taster session that covers:
 - a. Naming equipment used
 - b. How to get in and out of your skis or snowboard
 - c. Balancing on your skis or snowboard
 - d. Moving around on your skis or snowboard including;
 - Moving in a straight line
 - Controlling your speed
 - Stopping

How to earn your Stage 2 Snowsports Activity Badge:

- 1. Identify the equipment you require and know how to carry it safely.
- 2. Climb and then ski or snowboard down a short run or go on a short cross country ski.
- 3. Show you can make wide and narrow turns.
- 4. Show you can stop and wait safely on a run avoiding other users of the slope or stop safely if doing cross country skiing.
- 5. Know how to safely fall and get back up onto your feet.

Choose 1 of the following options:

- 1. Demonstrate how to safely use a drag lift or magic carpet for downhill skiing or snowboarding.
- 2. Demonstrate your ability to identify a suitable cross country skiing route.





Swimmer Activity Badge - STAGE 1

Dear Swimming Instructor,

Please could you assess me on the following, so that I can gain Stage 1 of my Swimmer Activity Badge in Squirrels/Beavers/Cubs/Scouts.

Feel free to make notes on this sheet, as required. When you have finished, please complete the section at the bottom, to confirm that I have fulfilled the requirements of the badge, listed below.

SAFETY: Staying safe near water is very important. I have learnt how I can stay safe while being in

or around water.

WARMING UP: Warming up before I swim helps me move better in the water. I know how to stretch my

body as part of my warm-up before getting in.

ENTERING WATER: I have learned how to get safely in and out of the water, with support if needed.

CONFIDENCE IN THE WATER: I have taken part in an activity to help me build my confidence in getting my

hair wet. This could be scooping water over my head or face, blowing bubbles, or

dipping my head under the water.

GLIDING & FLOATING: I can push away from the wall on my front or my back and glide into the middle of the

pool. I can also float on my back or front. I can do both gliding and floating with or

without support from a float.

SWIMMING: I can swim at least 5 metres with or without support from a float.

HAVING FUN: I have played a game in the water with my friends, such as catching and throwing,

retrieving an object in the water or having fun with some floats.

l Confirm that Swimmer Stage 1 Badge.	has met the above stated requirements for the
Signed	Date:/
Print Name:	
Place at which the assessment took place	





Swimmer Activity Badge – STAGE 2

Dear Swimming Instructor,

Please could you assess me on the following, so that I can gain Stage 2 of my Swimmer Activity Badge in Squirrels/Beavers/Cubs/Scouts.

Feel free to make notes on this sheet, as required. When you have finished, please complete the section at the bottom, to confirm that I have fulfilled the requirements of the badge, listed below.

SAFETY: I have learned about where to swim safely in different locations and know the safety rules

for a swimming pool.

WARMING UP: I have taken part in a warm-up before getting in the pool.

ENTERING WATER: I have demonstrated how to get in and out of the water safely without support.

CONFIDENCE IN WATER: Perform a log roll of at least 180 degrees in the water, either on my front or on my

back.

GLIDING & FLOATING: I have demonstrated a push and glide into the middle of the pool on both my front and

my back. I have floated on my front and then my back, holding each float for at least 5

seconds.

SWIMMING: I can swim 10 metres on my front and 10 metres on my back, both times with or without

support

HAVING FUN: Starting from the side of the pool, I can retrieve a floating object with my face submerged

in the water.

I Confirm that	has met the above stated requirements for the
Swimmer Stage 2 Badge.	•
Signed	Date:/
Print Name:	
Place at which the assessment took place	





<u>Swimmer Activity Badge – STAGE 3</u>

Dear Swimming Instructor,

Please could you assess me on the following, so that I can gain Stage 3 of my Swimmer Activity Badge in Squirrels/Beavers/Cubs/Scouts.

Feel free to make notes on this sheet, as required. When you have finished, please complete the section at the bottom, to confirm that I have fulfilled the requirements of the badge, listed below.

SAFETY: I have learned about where to swim safely in different locations and have found out about

four key water safety messages.

WARMING UP: I have taken part in a warm-up before getting in the pool.

ENTERING WATER: I have demonstrated how to get in and out of the water safely without support.

CONFIDENCE IN WATER: I can tread water for 15 seconds.

GLIDING & FLOATING: I have demonstrated a push and glide movement into a swim, and then swim for 5

metres. From a floating position, I can move into a standing position without support, on

both my front and my back.

SWIMMING: I can swim 15 metres on my front and 15 metres on my back, both without support. I can

swim 25 metres in a stroke of my choice, with or without support.

HAVING FUN: I can pick up an object from the floor of the pool.

I Confirm thatSwimmer Stage 3 Badge.	has met the above stated requirements for the
Signed	Date:/
Print Name:	
Place at which the assessment took place	





Musician Activity Badge – STAGE 1

Dear Music Teacher,

Please could you assess me on the following, so that I can gain Stage 1 of my Musician Activity Badge in Squirrels/Beavers/Cubs/Scouts.

Feel free to make notes on this sheet, as required. When you have finished, please complete the section at the bottom, to confirm that I have fulfilled the requirements of the badge, listed below.

1. Skill

- a. Listen to a short tune of a couple of lines and then sing it back.
- b. Listen to another tune and then beat or clap out the rhythm.

2. Performance

Sing or play two different types of song or tune on your chosen instrument – remember your voice is an instrument too. You must perform in front of other people, either in Scouting or at a public performance such as a group show or school concert.

3. Knowledge

- a. Demonstrate some of the musical exercises that you use to practice your skills.
- b. Talk about your instrument and why you enjoy playing it. Alternatively, you could talk about the songs you sing and why you enjoy singing them.

4. Interest

Tell your assessor about the music that you most like to listen to.

I Confirm that Musician Stage 1 Badge.	has met the above stated requirements for the
Signed	Date:/
Print Name:	
Place at which the assessment took place	
Please hand back to me, so I can take it to my Squirr	el/Beaver/Cub/Scout Leader and earn my badge.





Musician Activity Badge - STAGE 2

Dear Music Teacher,

Please could you assess me on the following, so that I can gain Stage 2 of my Musician Activity Badge in Squirrels/Beavers/Cubs/Scouts.

Feel free to make notes on this sheet, as required. When you have finished, please complete the section at the bottom, to confirm that I have fulfilled the requirements of the badge, listed below.

1. Skill

Reach Grade One standard for the Associated Board of the Royal School of Music (or similar). It can be on an instrument of your choice or by singing.

2. Performance

Sing or play two different types of song or tune on your chosen instrument. You must perform in front of other people either in Scouting or at a public performance.

3. Knowledge

- a. Demonstrate some of the musical exercises that you use to practice your skills.
- b. Talk about one of these:
 - Your instrument and why you enjoy playing it
 - The songs you sing and why you enjoy singing them.
- c. Name a piece of music associated with your instrument.
- d. Name several musicians who you have heard.

4. Interest

Talk about your own interests in music, including what you listen to most and how it's similar or different to the music you play or sing.

I Confirm that	has met the above stated requirements for the
Signed	Date:/
Print Name:	
Place at which the assessment took place	